



## Points of interest

1. Camelle, Museum of Man
2. Arou
3. Santa Mariña Port
4. Monte Branco Dune
5. Trece Beach Viewpoint
6. Panoramic views of Trece and Monte Branco
7. Tosto Cape and English Cemetery
8. Stone of the Lovers
9. Wolf's Ditch
10. The Bear's stone
11. Tumulus of Reira
12. Inlet of Aneliña
13. Vilán de Fora Islet and Vilán Lighthouse
14. Coial das Castañas (pebble beach)
15. Virxe do Monte Chapel
16. Praia de Lago (Lake Beach)
17. Camariñas



### 1 Camelle: Dwelling and Museum of Man

Manfred Gnädinger (1936-2002), mostly known as Man of Camelle. The work of this exceptional artist is considered the best example of Land Art, and makes this a unique dwelling and surroundings. There is a new museum dedicated to Man in Camelle. ([www.mandecamelle.com](http://www.mandecamelle.com))

### 2 Arou

Arou has a port and a beautiful beach, located in the center of the village, which is protected from the wind and has public toilets available.

### 3 Santa Mariña Port

This small village has a fishing port. It is 400 meters away from the main path.

### 4 Monte Branco Dune

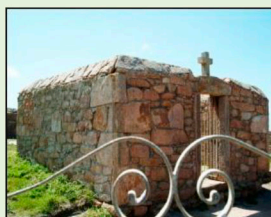
A unique phenomenon in Europe. It is a 204 meter-high rampant dune, the highest in Europe.

### 5 Trece Beach Viewpoint

Wild beach which shelters a great deal of endangered species and plentiful Portuguese Crowberry bushes.

### 7 English Cemetery

It is part of the European Cemeteries Route, and recognized by the European Union as cultural heritage together with the Way of St. James. In this place, 172 British sailors from the ship HMS Serpent were buried in 1890. Behind the cemetery the beautiful beach of Reira is found.



### 8 Stone of the lovers

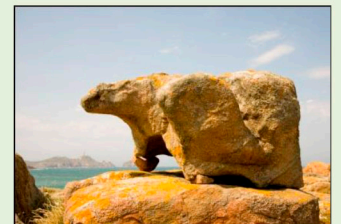
In this beach there is a formation which consists of two stones that resemble two lovers who are about to kiss.

### 9 Wolf's Ditch

Construction made of stone walls that are organized in the shape of streets and meet in a stone well. These constructions were used to hunt wolves in medieval times.

### 10 The Bear's Stone

A stone structure with the shape of a bear on a flat base. This stone is one of the most iconic images of Camariñas.



### 11 Tumulus of Reira

Burial monument, from the period between the Neolithic and the Bronze Age. It consists of a mound of earth and stones raised over a grave.

### 12 Inlet of Arneliña

In this inlet, a narrow inland opening of the coastline, a rocky formation known as The Lovers of Arneliña can be found.

### 13 Vilán de Fora Islet, Vilán Lighthouse, and Cave of Inferno

To reach the lighthouse and Cape Vilán there is a detour of 1 kilometer. The area of Cape Vilán was declared a Natural Monument and Special Protection Area for Birds. The lighthouse is the oldest electric lighthouse in Spain, and has been in use since January 15<sup>th</sup>, 1896. There is a Tourist Information Office open all year round, the Museum of the Lighthouses and a cafeteria.

### Vilán de Fora Islet

Together with Cape Vilán was declared Special Protection Area (SPA) by the European Union. It shelters special species of nesting seabirds: black-legged kittiwake, yellow-legged Seagull and European shag.

**Cave of Infernos** Cave which is the front of the cliff of Cape Vilán. It is only visible from A Pedrosa Beach, looking towards Cape Vilán.

One-way Route. From Monte Branco till Camariñas, it links and follows the PRG-158 Costa da Morte Trail.



<b>M.I.D.E. (Trail Information Assessment Method)</b>	
Natural Environment Risks	1
Orientation and Accessibility	1
Trail difficulty	1
Effort Rate	4

**Recommendations** You should bring water, sports clothes and hiking shoes. During the summer, remember to apply sunscreen every few hours and wear a hat; during the winter, waterproof clothing is recommended.

**Difficulty rating** Medium. The hardest part of the trail is the walk near to the top of Monte Branco Dune.

**Total route distance/ time**  
 Main Route: 22 km / 5 hours  
 Alternative detour:  
 To Faro Vilán: 2km/40 minutes (forte ascenso)  
 To Ermida Virxe do Monte: 550m/30 minutes

**Cartography:**  
 I.G.N. 1:25,000 n° 43-III Camariñas.  
 I.G.N. 1:25,000 n° 67-III Camelle

**Location**  
 Parish of Camelle – Camariñas municipality – A Coruña – Galicia – Spain  
 The trail starts in Camelle, by the to the Manfred Gärdiner's dwelling, who was known as "the German of Camelle". It finishes at the Sovereign's castle of Camariñas. But you can also walk it the other way round, from Camariñas to Camelle, but in this case the path is not properly indicated.

**CAMARIÑAS TOWN COUNCIL**

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This one-way 22 km long trail starts in Camelle, at Manfred Gärdiner's dwelling who was known as "the German of Camelle". It finishes at the Sovereign's Castle in Camariñas. It goes along the Atlantic coast, through the municipal nature protection area. It is particularly interesting because of its astonishing landscapes, wild white beaches, special protection areas for birds, many natural stone sculptures, and the sea.

The route ends at the ruins of Sovereign's Castle from the eighteenth century, although today only the foundations and the wall remain. Camariñas is well known all over the world for its bobbin lace. Almost 60% of all Galician lace makers live in this district. In its streets you can still hear the clacking of the bobbins in the laboring hands of the craftsmen who weave cotton and linen threads to make Camariñas Bobbin Lace. You can find these delicate items in the specialist shops dotted around the village. During Easter, the town hosts the "International Camariñas Bobbin Lace Fair", organizing fashion shows and exhibitions of lace-related products. The Bobbin Lace museum represents both

**17 Camariñas**

**16 "Praia de Lago" (Lago Beach)**  
 Lago stream flows into this splendid bay.

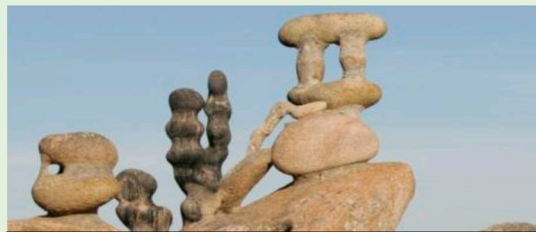
from the path. Camariñas estuary, just 550m with a spectacular view of



This secluded hermitage

**15 "Virxe do Monte" Chapel**

up to 3 meters width. Delightful pebble beach, **14 Coial das Castañas**



**Camariñas**  
 the whole sea  
**RC 2**

**Coastal Trail**

**CAMARIÑAS**

**Camelle – Camariñas - A Coruña – Galicia - Spain**

